

Stay Active with



FORTI-j™

A Milk Drink That Safeguard Your Bone & Joint



Bioactive Collagen Peptide



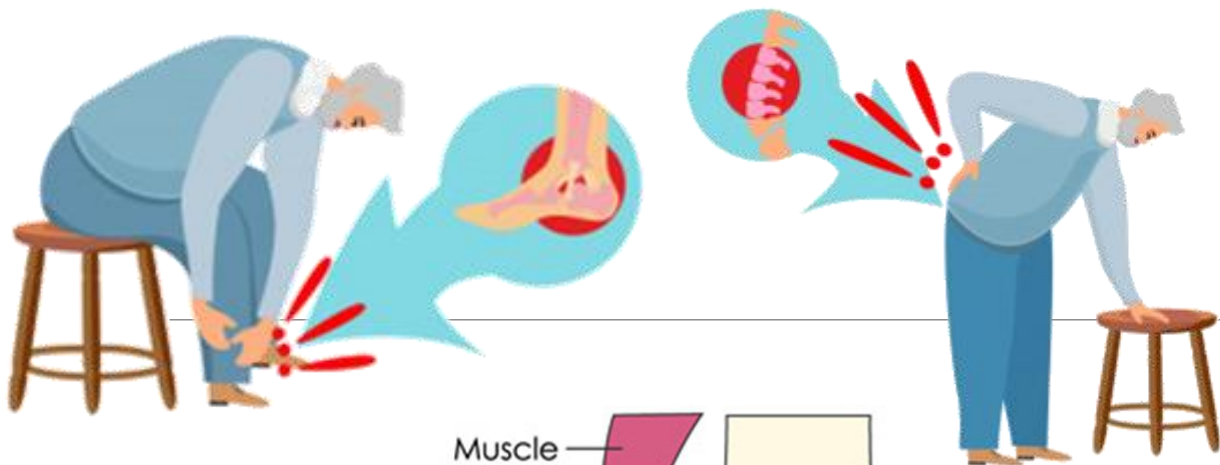
(BCP)

Skim Milk Powder

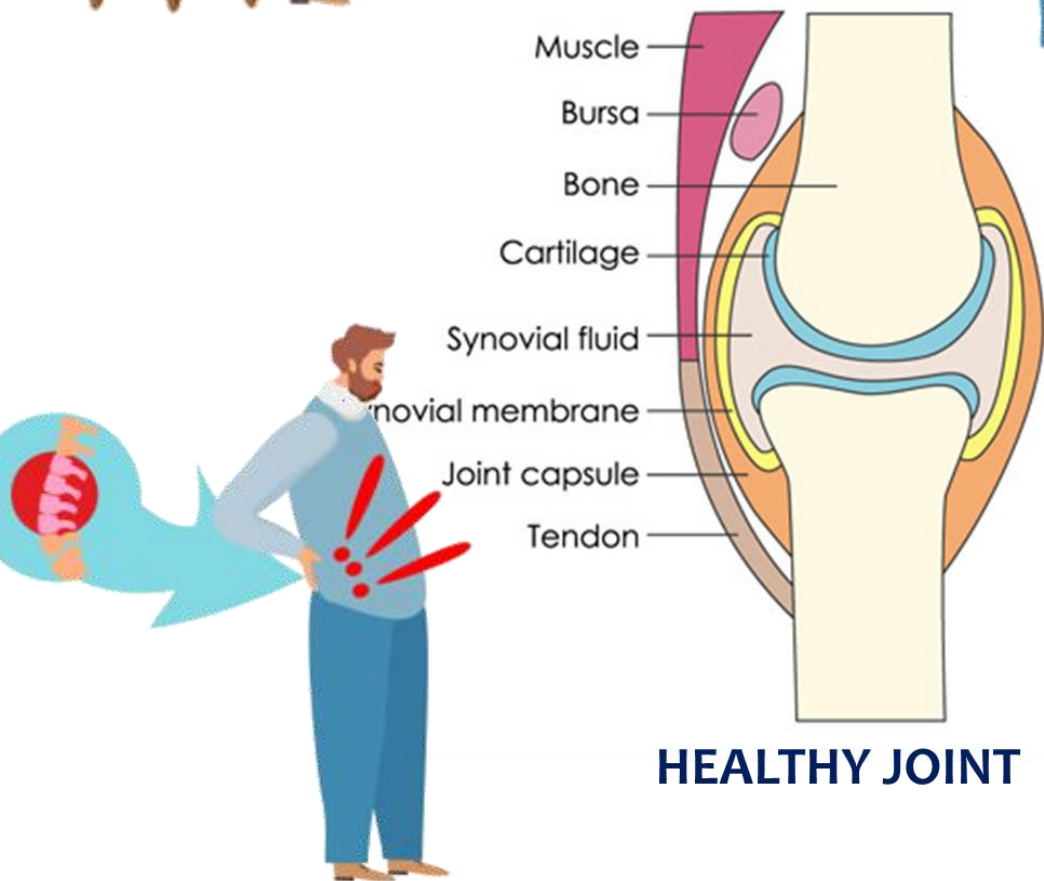
- ✓ Spray dried pasteurized skim milk from New Zealand
- ✓ Contains >30% of protein & rich in calcium (177mg calcium per serving)
- ✓ Low in fat suitable
- ✓ Enriched with vanilla flavour



Prebiotic Floracia



B B E N E F I T S



1. Rebuild the Cartilage
2. Absorb calcium & minerals from the daily food
3. Anti-inflammatory
4. Improves Mobility .
5. Pain Relief without NSAIDs

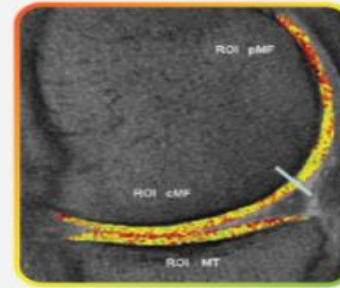


JOHNS HOPKINS
UNIVERSITY

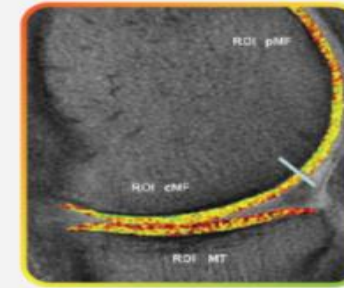
Clinical
Evidence
MRI

BIOACTIVE COLLAGEN PEPTIDE CLINICAL STUDY

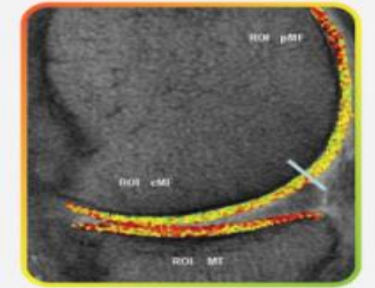
Placebo



DAY 1

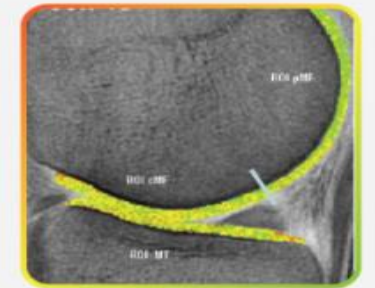
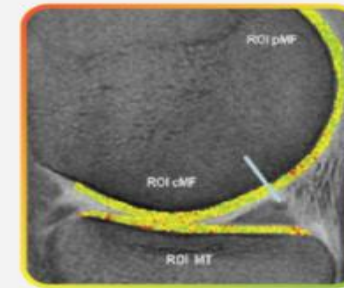
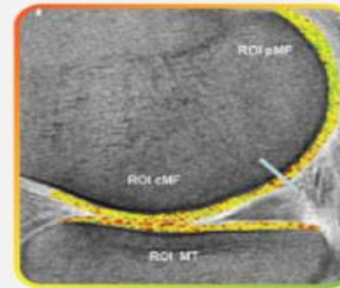


WEEK 24



WEEK 48

Bioactive
Collagen
Peptide
(BCP)



Diseased Cartilage

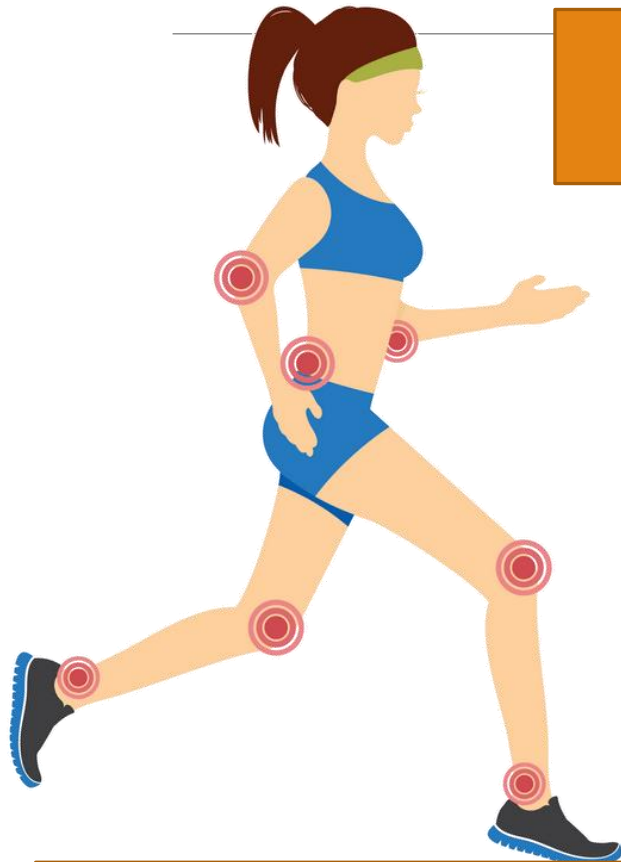
Healthy Cartilage

(McAlindon et al., 2011, *Osteoarthritis and Cartilage*)

Significant increase in proteoglycan density in the medial and lateral tibial cartilage

FORTI-j™

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Who should consume Forti J

- ❖ Premenopausal & Post menopausal women
- ❖ Osteoporosis, Osteoarthritis
- ❖ Spondylosis
- ❖ Athletes & Teenagers
- ❖ Elderly patients with knee pain
- ❖ Muscle weakness
- ❖ Occupational or recreational joint trauma

1 Sachet into a glass of 100ml room temperature water , stir well to dissolve & drink . Take 1-2 sachets per day.