Stay Active with



✓ low in fat ✓ high in protein ✓ high in calcium ✓ high in dietary fibre Empty the content of 1 sachet into a glass of 100-120ml water, sh

RECOMMENDED STORAGE CONDITION n cool dry place, away from direct sunligh KEEP OUT OF REACH OF CHILDREN. OWNER OF THE RIGHTS OF MANUFACTURE

BATCH NO / MEG DATE / EXP DATE K9022242RB/22-09-2018/22-09-2020

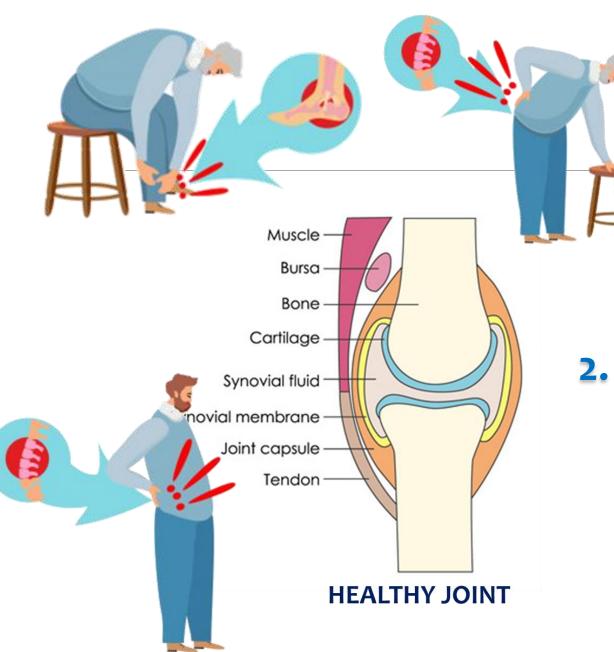
FORTI-j[™] A Milk Drink That Safeguard Your Bone & Joint



Bioactive Collagen Peptide

(BCP) Skim Milk Powder

- Spray dried pasteurized skim milk from New Zealand
- ✓ Contains >30% of protein & rich in calcium (177mg calcium per serving)
- ✓ Low in fat suitable
- Enriched with vanilla flavour
 Prebiotic Floracia

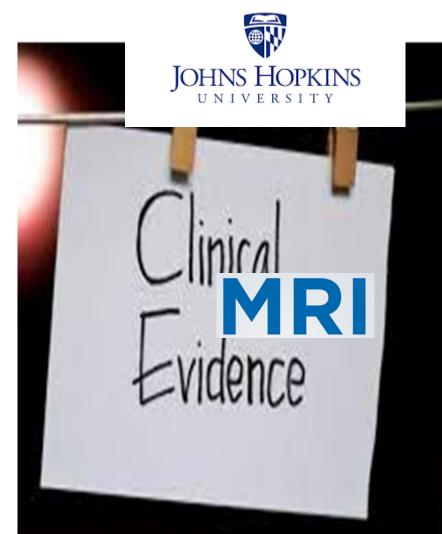




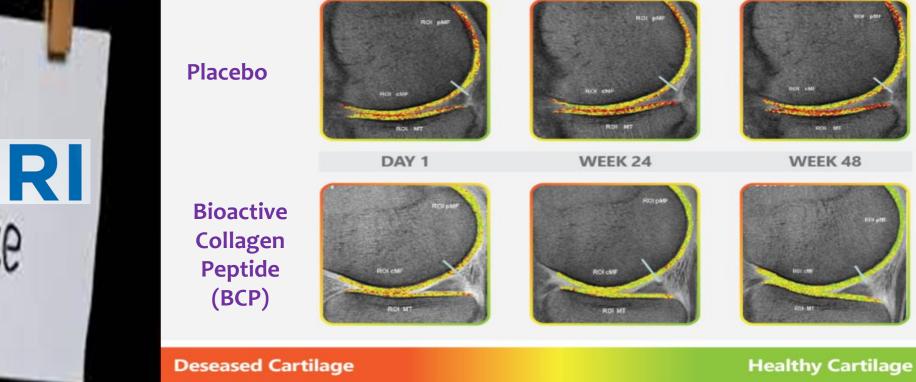


- 1. Rebuild the Cartilage Absorb calcium & minerals from the daily food
 - 3. Anti-inflammatory
 - 4. Improves Mobility .

5. Pain Relief without NSAIDs



BIOACTIVE COLLAGEN PEPTIDE CLINICAL STUDY



(McAlindon et al., 2011, Osteoarthritis and Cartilage)

Significant increase in proteoglycan density in the medial and lateral tibial cartilage

McAlindon, T.E., Nuite, M., Krishnan, N., Ruthazer, R., Price, L.L., Burstein, D., Griffith, J. and Flechsenhar, K. (2011). Change in knee osteoarthritis cartilage detected by delayed gadolinium enhanced magnetic resonance imaging following treatment with collagen hydrolysate: a pilot randomized controlled trial. Osteoarthritis and Cartilage, 19(4), 399-405.

FORTI-j[™] A Milk Drink That Safeguard Your Bone & Joint

Who should consume Forti J

- Premenopausal & Post menopausal women
- Osteoporosis, Osteoarthritis
- Spondylosis
- Athletes & Teenagers
- Elderly patients with knee pain
- Muscle weakness
- Occupational or recreational joint trauma

1 Sachet into a glass of 100ml room temperature water , stir well to dissolve & drink . Take 1-2 sachets per day.