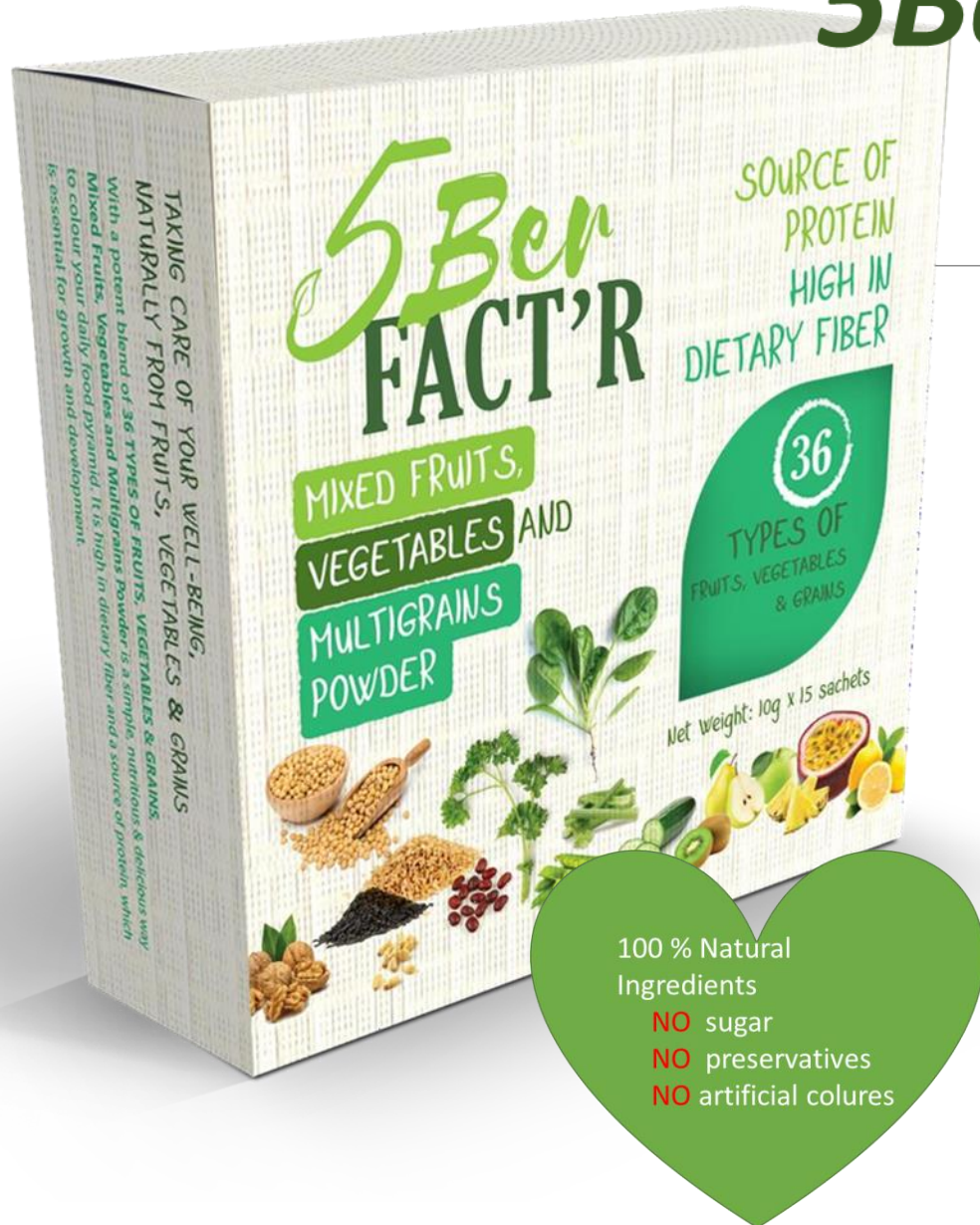


# 5BER FACT'R



# 5Ber FACT'R



36

1. Combination of 36 types of fruits, vegetables and grains – **highest in the market.**
2. High in dietary fiber & source of protein.
3. Great taste of mixed fruits and vegetables
  - ❖ Promote satiety.
  - ❖ Control blood sugar level.





# MyPyramid – Fruits & Vegetables



# 5Ber FACT'R

❖ 5 in 1 potent groups of plant based ingredients.

## Fibres

Soluble corn fibre, oat fibre & psyllium husk.



## Fruits

Green apple, pear, kiwi, pineapple, passion fruit and lemon.



## Green Tea Extract

Contains Epigallocatechin Gallate (EGCG) to enhance antioxidant level.



## Multigrains

Blend of 24 types grains and legumes.



## Vegetables

Cucumber, celery, spinach and parsley.



# 5Ber Fact'r

## Step 1: Detox (Fibres & Multigrain)

- ❖ Combines the synergy action from soluble fibre & insoluble fibre.
- ❖ Soluble fibres – Gel forming fibre to eliminate accumulated toxin in gut and prolong satiety.
- ❖ Insoluble fibres – Bulking agent to mobilise and flush out toxin, promote regularity.

## Step 2: Rejuvenate (Fruits, Vegetables & Green Tea Extract)

- ❖ After detox, rebuild body through delivering variety of vitamins, minerals and phytonutrients from natural sources.
- ❖ Promote overall balance for well-being.

# 5Ber FACT'R

2 Major steps

Step 1: Detox - Fibres & Multigrain

Step 2: Rejuvenate - Fruits, Vegetables & Green Tea Extract



Promote bowel movement



1 Sachet into a glass of 100ml room temperature water , stir well to dissolve & drink . Take 1-2 sachets per day.



# MAKE YOUR FIRST MOVE!

Helps food move through digestive tract, **PROMOTE BOWEL MOVEMENT**

Promotes satiety, **MAINTAINS IDEAL WEIGHT**

Slows down food digestion, **CONTROLS BLOOD SUGAR LEVEL**

Feeds good gut bacteria, builds up healthy intestinal environment for **BETTER IMMUNITY**

Removes remaining toxic stick on the wall of digestive tract, **AIDS COLON AND INTESTINE CLEANSING**

**5-in-1 FIBER DRINK**

A COMBINATION OF **36** TYPES OF **FRUITS, VEGETABLES & GRAINS**



**5Ber FACT'R**

**MIXED FRUITS, VEGETABLES AND MULTIGRAINS POWDER**

**BEGIN YOUR DETOX & REJUVENATE REGIME START FROM TODAY!**

Although your body have its own detoxification system, however, environment and stressful lifestyle continuously added up toxins in your body. When toxin overload, it accumulates on the wall of digestive tract, hinders nutrient absorption, impairs immune system which eventually make you sick.



**5Ber FACT'R**

**5 POTENT GROUPS OF PLANT BASED INGREDIENTS**

**2 STEPS TO HEAL YOUR WEARY BODY**



**STEP 1: DETOX** - A Cleanse Body, A Clarity Mind, A Better Mood from Multigrains & Fiber!

**5Ber FACT'R** combines the synergy action from soluble fiber – a gel like fiber to stick away accumulated toxins in colon and insoluble fiber – a bulking fiber to mobilise and flush out toxin, returns your body to a clean state.



**FIBER**

Possesses the benefits of prebiotic and fiber from soluble corn fiber, oat fiber and psyllium husk to restore gut health, promote regularity and tackle constipation.

**MULTIGRAINS**

A potent blend of 24 types of grains and legumes provide dietary fiber and vital micronutrients such as B vitamins, minerals, antioxidants and phytochemicals.

**STEP 2: REJUVENATE** - Strengthen Your Health from Fruits and Vegetables

After your body is clear of toxins, **5Ber FACT'R** rebuilds your body through delivering a variety of vitamins, minerals and phytonutrients from natural source of fruits and vegetables, promotes overall balance for your well-being.



**GREEN TEA**

As "Superfood", it contains ECGC to enrich your body antioxidant bank. It also speeds up energy metabolism and stimulates body fat burning, ideal for body weight control.

**FRUITS**

As each fruit is different in their nutrients, a combination of green apple, pear, kiwi, pineapple, passion fruit & lemon, rich in vitamins, minerals and phytonutrients, contributes to your overall health.

**VEGETABLES**

Comprising of four green vegetables - cucumber, celery, spinach and parsley, rich in folic acid and lutein, also other vitamins and minerals, nourishing your body.



MARKETED BY **Johnson Healthcare Solutions**  
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DISCLAIMER  
The information is presented for educational purposes only. It is not intended as a substitution for the treatment, cure, diagnosis or mitigation of a disease or condition. People with specific conditions / known medical conditions / under specific medications, should consult medical professionals before taking any food supplement.  
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# Benefits

- ❖ Restore gut health (enhance immunity).
- ❖ Promote bowel movement (enhance regularity and relieve constipation).
- ❖ Provide vital micronutrients such as Vitamins, minerals and phytonutrients to nourish the body.
- ❖ Deliver high antioxidants for free radicals defence.
- ❖ Speed up energy metabolism and stimulates body fat burning.
- ❖ Promote satiety.
- ❖ Control blood sugar level.
- ❖ Ideal for weight management.

